

## **Minimize Mix-Ups With Pen Injectors**

You play a big role in preventing errors with pen injectors.

**Stay sharp for product mix-ups**. For example, tirzepatide (*Mounjaro*) can easily be mistaken for the osteoporosis med teriparatide (*Forteo*)...and they're both prefilled pens that are kept in the fridge.

Plus a med can be available in more than 1 type of pen. For instance, insulin glargine U-100 (*Basaglar*), lispro (*Humalog*), and lispro-aabc (*Lyumjev*) come as a *KwikPen* AND a *Tempo Pen*. *Tempo Pen* works with a "smart button" to send info about doses to a mobile app.

Reinforce with your team to read through product names completely when entering Rxs...pulling products from the fridge...stocking...etc.

For similar-looking pens...or for different strengths of the same med...ensure safeguards are in place, such as storing in separate locations or using shelf tags.

**Limit problems with pen needles**. For instance, needles are included with *Ozempic*...but not with *Humalog KwikPen* or *Victoza*. And not dispensing an appropriate pen needle with these products can lead to missed doses, reusing needles, etc.

When dispensing a pen, check labeling to see if it comes with needles...or if there's a pen-needle Rx that also needs to be filled.

Watch for late refills on pen needles. This could be a sign that patients are reusing them for multiple injections...which may lead to contamination, injection pain, and wrong doses.

**Promote proper use**. For example, most insulin pens (insulin aspart, etc) should be primed before EACH injection...and many GLP-1 agonists (*Byetta*, *Victoza*, etc) should be primed only before the FIRST use.

But dulaglutide (*Trulicity*) should NEVER be primed. Be sure to counsel patients and caregivers on priming, dialing, giving a dose, etc...to help avoid errors.

In one case, a caregiver saw "single patient use" on an insulin pen...and administered the entire pen as a single dose. The patient ended up in the hospital needing a glucose infusion.

For more strategies to prevent errors with insulin products, see our resource, Tips to Improve Insulin Safety.

## **Key References:**

- -FDA. How to Avoid Medication Errors with Pen Injectors. March 13, 2024. https://www.fda.gov/about-fda/fda-pharmacy-student-experiential-program/how-avoid-medication-errors-pen-injectors (Accessed July 10, 2024).
- -ISMP. Medication Safety Alert! October 2021. https://www.ismp.org/communityambulatory/medication-safety-alert-october-2021 (Accessed October 19, 2023).

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